

# Conference Programme

LEADING THE WAY: Nurses and midwives  
for a safe, healthy and peaceful world

The 4th Commonwealth Nurses and Midwives Conference

Royal College of Physicians, Regent's Park, London, UK  
Saturday 10 and Sunday 11 March 2018



Commonwealth Nurses  
and Midwives Federation



# Day 1. Saturday 10 March 2018

## Morning programme

08:00–09:00	Registration				
09:00–09:15	Welcome: Ms Ramziah Binti Ahmad, President, Commonwealth Nurses				
09:15–09:30	Welcome: Ms Janet Davies, CEO and General Secretary, Royal College of Nursing UK				
09:30–10:00	Keynote address: Dr Neil Pakenham-Walsh (UK): Empowering nurses and midwives with information for a safe, healthy and peaceful world				
10:00–10:30	Refreshment break and poster presentations				
10:30–12:30	<b>LEADING THE WAY</b>	<b>PROMOTING HEALTH</b>	<b>ALLEVIATING ILLNESS</b>	<b>PROMOTING SOCIAL HARMONY</b>	<b>PROMOTING SAFETY</b>
	73: Dr Elizabeth Bernthal (UK) A sense of belonging and identity to enhance a nurses' resilience	75: Ms Melita Walker (UK) A national initiative to strengthen practice in perinatal mental health	30: Mr Yakubu Salifu (UK) Fighting a losing battle: unheard voices of patients with prostate cancer	19: Ms Sofia Ktisti (Cyprus) Examining the association between social support and self-care confidence	61: Ms Christine Cummins (Australia) The challenges of caring: ethical dilemmas in mental health nursing
	82: Ms Annette Garvey (UK) Walking the path to change	12: Ms Kathe Hofnie (Namibia) Information sources consulted by menopausal women in Africa: a systematic review	52: Mrs Angela Leonard (South Africa) Designing and conducting an observational study of childrens' nursing practice	99: Ms Dorcas Gwata (Zimbabwe) Improving mental health and inequalities in minority groups in London	97: Ms Lora Pullicino (Malta) Guaranteeing asylum seekers' right to care: the role of midwives and nurses
	23: Ms Alice Tambe Besong (Cameroon) Teaching approaches to prepare nurses to provide safe and effective care	25: Dr Sonia Sunny (Sweden) Management of menopausal problems in a primary health care setting	35: Miss Ruth Oshikanlu (UK) Promoting parental-foetal attachment for expectant parents with assisted conception	5: Miss Patience AGYARE (Ghana) Understanding the effects of stigma of mental illness on patients and nurses	86: Mr Joseph Nkwain (Cameroon) Disaster management
	80: Ms Tabitha Mallampati (Guyana) Nurses' perceptions on challenges and strategies of nursing education and practice	32: Mrs Finda Elizabeth Pessina (Sierra Leone) Scale up of Option B+ for PMTCT: the Sierra Leone experience	77: Ms Sandra Smith (UK) Making a difference in maternity care	47: Dr Arlene Kent-Wilkinson (Canada) Destigmatising mental illness and addictions: the responsibility of nurses and nursing education	95: Dr Heather Moore (Australia) The shifting dynamics of nurse safety
	36: Mr Francis Abande Akugri (Ghana) Influence of nursing school heads leadership styles on tutor's job performance in Ghana	33: Dr Martin Kuete (Cameroon) Contraception use and preference among HIV infected couples in Cameroon	67: Ms Emma Kwegyir-Afful (Ghana) Lifting and pregnancy outcomes: feasibility of a randomised controlled trial in Ghana	65: Dr Ndapeua Shifiona (Namibia) Experiences of individuals living with chronic mental illness in Northern Namibia	34: Ms Yuko Leong (USA) BREATH – Learn from word game Nightingale invented for a safe environment
12:30–13:30	Lunch and poster presentations				

# Day 1. Saturday 10 March 2018

## Afternoon programme

13:30–14:00	Professor Charlotte McArdle (UK): Enabling professionalism in nursing and midwifery – a UK approach				
14:00–14:30	Dr Franklin Shaffer (USA): Supporting migrating nurses for safe practice				
14:30–16:00	<b>LEADING THE WAY</b>	<b>PROMOTING HEALTH</b>	<b>ALLEVIATING ILLNESS</b>	<b>PROMOTING SOCIAL HARMONY</b>	<b>PROMOTING SAFETY</b>
	58: Mrs Atswei Adzo Kwashie (Ghana) Supporting student nurses in the clinical learning environment	90: Ms Christine Hancock and Ms Patricia Hughes (UK) The Healthy Nursing Collaborative Workshop: Leading the way to healthier lives	2: Mrs Marie-Claire Pellegrini (Malta) Ethical issues surrounding the removal of a percutaneous endoscopic gastrostomy tube	78: Dr Sabina David (Namibia) An educational support program for adolescent mothers in Oshana Region Namibia	72: Ms Hossinatu Mary Kanu (Sierra Leone) Nurse led emergency triage, assessment and treatment for children in Sierra Leone
	60: Mrs Ranjini Nettasinghe (Sri Lanka) Psychosocial learning environments from nursing students' perspective	Helping nurses lead healthier lives themselves and incorporate prevention into day-to-day practice	31: Miss Chathurika Nuwansala Hewa (Sri Lanka) Patient factors affecting accuracy of fasting blood sugar in type 2 diabetes	4: Mr Ndarukwa Pisirai (Zimbabwe) Barriers to antiretroviral therapy adherence for adolescents living with HIV in Zimbabwe	54: Mrs Rose Gallaher (UK) The contribution of procurement to a safe care environment
	6: Ms Jessie Kaunda (Malawi) Students' learning styles and the promotion of critical thinking		81: Ms Joselyne Mukantwali (Rwanda) Indwelling urinary catheter use among patients undergoing surgery at one Rwandan hospital	56: Mr Dieudonne Kayiranga (Rwanda) Perceptions of adolescent parenting among high school students in Rwanda	51: Mrs Maria Dimitriadou (Cyprus) The prevalence and patterns of rationing of care in an acute care setting in Cyprus
	26: Mr Mohamed Mustafa Azam (Sri Lanka) Comparing clinical competencies of nursing students between degree and diploma in Sri Lanka		10: Mr Ahad Azharuddin (Brunei Darussalam) Implementing 'Melayu Islam Beraja' to improve neurosurgical and oral maxillofacial care	29: Ms Dora Lupiya (Malawi) Quality of post abortion family planning counselling among women of reproductive age	63: Dr Adelaide Ansah Ofei (Ghana) Stress and coping strategies among nurse managers at three hospitals, Eastern Region, Ghana
16:00–16:30	Refreshment break and poster presentations				
16:30–17:00	18: Ms Annie Butler (Australia): Leading 'down under' for a safe, healthy and peaceful world				
17:00–17:30	50: Major Chris Carter (UK): The use of simulation to develop military undergraduate student nurses				
17:30–18:00	Introduction of poster presenters				
18:00–19:30	Reception				

## Day 2. Sunday 11 March 2018

### Morning programme

08:00–09:00	Registration				
09:00–09:30	8: Mr Francis Acquah (Australia): Provision of primary mental health care to youth in an adult maximum security prison				
09:30–10:00	64: Mr Zurab Elzarov (Sudan): Healing the wounds of war: reducing maternal mortality in Darfur				
10:00–10:30	Refreshment break and poster presentations				
10:30–12:30	<b>LEADING THE WAY</b>	<b>PROMOTING HEALTH</b>	<b>ALLEVIATING ILLNESS</b>	<b>PROMOTING SOCIAL HARMONY</b>	<b>PROMOTING SAFETY</b>
	74: Dr Di Lamb (UK) A recipe for writing	22: Ms Alice Ayuk Agbor Besong (Cameroon) The contribution of community nurses to the prevention of waterborne diseases	83: Mrs Judith Mewburn (UK) Empowering operating theatre staff to deliver safe patient care	89: Dr Joyce Hendricks (Australia) Research online: a discussion of how to use a purposeful built community	41: Dr Annatjie Van der Wath (South Africa) Participatory action research to assess acuity levels in a psychiatric clinic
	9: Ms Suraya Binti Abdullah (Brunei Darussalam) Nursing and midwifery challenges and aspirations in Brunei Darussalam	57: Mr Francis Abande Akugri (Ghana) Determinants of quality of life for women living with cervical cancer in Ghana	3: Mrs Marie-Claire Pellegrini (Malta) Inflammatory Bowel Disease: a day in the life of a nurse starting up a service	27: Major Chris Carter (UK) An evaluation of student nurses completing an international elective in Zambia	39: Dr Arlene Kent-Wilkinson (Canada) Mental health and addiction education in undergraduate nursing curricula: a global necessity
	46: Mrs Margaret Rowe and Kirsty Marshall (UK) The nurse educator's role within the HSC agenda in Greater Manchester	16: Miss Chathurika Nuwandala Hewa (Sri Lanka) Knowledge, beliefs and practices regarding pap smear tests among teachers in Sri Lanka	44: Dr Shirley Sudath (Sri Lanka) Factors affecting occupational low back pain among nurses in four hospitals in Colombo	21: Dr Marie Dietrich Leurer (Canada) Reflections and recommendations of previous study abroad by undergraduate nursing students	14: Mr Francis Acquah (Ghana) Providing sustainable mental health care in Ghana: the Mental Health Foundation of Ghana
	37: Dr Wadduwage Nilmini Priyanthi (Sri Lanka) Diabetic educator nursing officers' knowledge on teaching and learning processes	87: Mrs Ruth Wooldridge (UK) The Palliative Care Toolkit – the importance of resources for community based care	79: Mrs Ester Mulenga (Namibia) Empowering mothers and caregivers on feeding practices for children under five	91: Associate Professor Adella Campbell (Jamaica) Removal of charges for health services in the Jamaican public health system	70: Mrs Catherine Smith (UK) Burnout in mental health workers associated with age and length of service
12:30–13:30	Lunch and poster presentations				

## Day 2. Sunday 11 March 2018

### Afternoon programme

13:30–15:00	LEADING THE WAY	PROMOTING HEALTH	ALLEVIATING ILLNESS	PROMOTING SOCIAL HARMONY	PROMOTING SAFETY
	68: Mrs Matilda Tshabalala (South Africa) Experiences of newly employed nurse educators at a nursing college in Gauteng	71: Mr Geoffrey Axiak (Malta) Good nutrition for persons suffering from dementia	48: Dr Wadduwage Nilmini Priyanthi (Sri Lanka) Impact of diabetes self-management education program	15: Mr Prashanth Nayak (India) Review of National Health Policy for the elderly: an alternative model of care	88: Dr Nishan Silva (Sri Lanka) Perceptions of the health ethics concept of autonomy in Sri Lanka
	62: Dr Adelaide Ansah Ofei (Ghana) Perception of staffing practices of nurse managers at the unit level	76: Miss Lindsey Rickman (UK) Using multisensory therapy to promote wellbeing for people with dementia in hospital	84: Ms Tabitha Mallampati (Guyana) Lifestyle assessment of type 2 diabetics in Guyana and India	66: Ms Willamae Stuart (Bahamas) Who will care for me? Providing care in 'my home' for older people	69: Ms Lily Baah (Ghana) Patient customer care is a priority for a nurse
	98: Mr Ekezie Raluke Oluchukwu (Nigeria) Home care nursing – leading health care innovation in Nigeria	96: Mrs Therese Saliba (Malta) Attitudes of health care professionals concerning the spirituality of patients suffering from dementia	13: Mr Oswald Benimana (Rwanda) Knowledge, attitudes, practices and challenges regarding pain management for surgical patients	55: Mrs Muditha Muthucumarana (Sri Lanka) Family caregivers' experience of providing informal care for stroke survivors	28: Mr Ahmed Abdul-Majeed (Ghana) A systematic review of scope and reporting quality of qualitative research in discrete choice experiments
15:00–15:30	42: Dr Lynn McDonald (Canada): Nurses after Nightingale – the next generation of nurses facing war and epidemics				
15:30–16:00	59: Dr Deva-Marie Beck (Canada): In Nightingale's footsteps: we are achievers of the UN Sustainable Development Goals				
16:00–16:30	Close of conference and refreshments				

## Poster presentations

### 92: Dr Eleanor Miller (Canada)

Assessing oncology patient education needs on a medical and radiation oncology unit

### 93: Dr Cheryll Adams (UK)

Addressing hidden vulnerability in society – national approaches supporting local action

### 94: Mrs Simone Shantell Clarke (Bahamas)

Registered nurses attitude towards seclusion room reduction within Sandilands Rehabilitation Center in the Bahamas

### 38: Ms Clare Davis (South Africa)

Six strategies to improve efficiency and effectiveness in a practice improvement project

### 45: Ms Clare Davis (South Africa)

Reducing child mortality through a tailored Postgraduate Diploma in Nursing

### 24: Ms Minnesha Yasmine (Australia)

Enhancing midwifery care and maternal and neonatal health in Africa

### 100: Professor Kathleen McCourt (UK)

Reforming mental health legislation across the Commonwealth