



COMMONWEALTH NURSES FEDERATION

4 Safety

A safe patient; A safe workplace; A safe profession; A safe nurse

CNF Workshop Barbados 23-24 October 2008

CNF WORKSHOP REPORT

Thirty eight nurses participated in a two day workshop presented by the Commonwealth Nurses Federation in collaboration with the Barbados Nurses Association (BNA) at the Insurance Corporation of Barbados Conference Room Saint Michael Barbados 23-24 October 2008. The workshop was funded by a grant from the Commonwealth Foundation.

The workshop started with some excitement when the facilitator, Jill Iliffe, and CNF Atlantic Board member and presenter, Marion Howard, were stranded in St Vincent when their plane blew two tyres on landing, closing the runway. The President of the BNA, Paulette Drakes, supported by Wendy Sealy, quickly and efficiently rearranged the program so the workshop could proceed.



Paulette Drakes
President BNA



Flag of the Barbados Nurses Association



Marion Howard
CNF Board member Atlantic Region

The CNF program which was presented on the second day of the workshop was divided into four segments: a safe patient; a safe workplace; a safe profession; and a safe nurse. The principle underlying the workshop was that patient safety is the number one priority for nurses however to achieve patient safety it is necessary to have a safe workplace, a safe profession and be a safe nurse. The sessions consisted of formal presentations, group activities and individual activities. The workshop was facilitated by Jill Iliffe, Executive Secretary of the Commonwealth Nurses Federation, supported by Marion Howard, CNF Board member for the Atlantic Region and Paulette Drakes, President of the BNA.

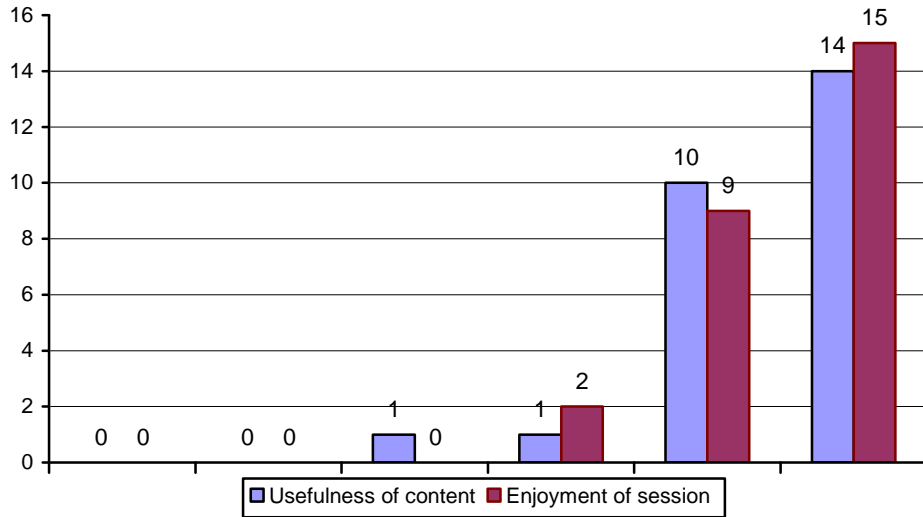
Twenty six nurses attended the second day of the workshop. The workshop was evaluated. Twenty six evaluation forms were returned (response rate 100%). Participants were asked to rate how useful the sessions were to them and their level of enjoyment of the sessions with 1 being the least useful or enjoyable and 6 being the most useful and enjoyable.

In session 1, 96% of respondents found the session useful while 100% found it enjoyable. In session 2, 100% found the session useful and enjoyable. In session 3, 100% found the session useful and enjoyable; and in session 4, 96% found the session useful while 100% found it enjoyable.

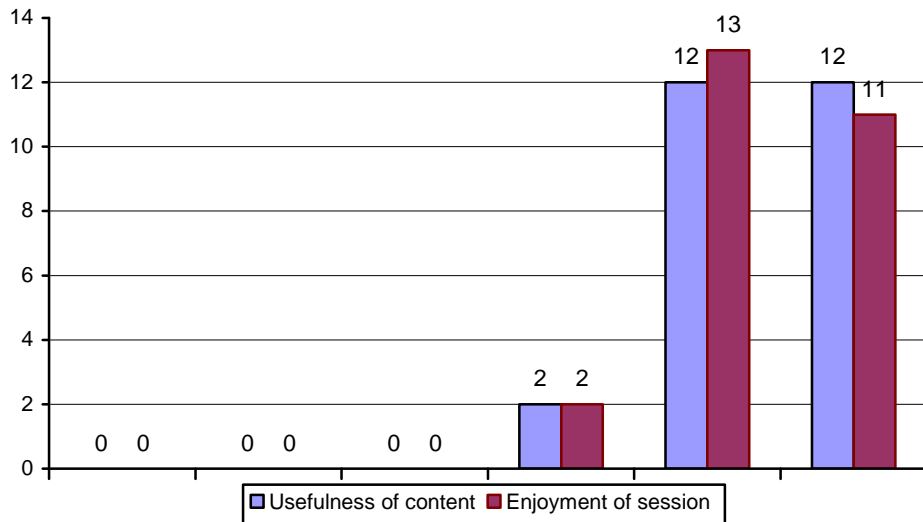
Table 1: Participant evaluation of workshop in number and percent

		1	2	3	4	5	6
Session 1	Useful	0 (0%)	0 (0%)	1 (3.8%)	1 (3.8%)	10 (38.5%)	14 (53.9%)
	Enjoyable	0 (0%)	0 (0%)	0 (0%)	2 (7.7%)	9 (34.6%)	15 (57.7%)
Session 2	Useful	0 (0%)	0 (0%)	0 (0%)	2 (7.7%)	12 (46.2%)	12 (46.2%)
	Enjoyable	0 (0%)	0 (0%)	0 (0%)	2 (7.7%)	13 (50.0%)	11 (42.3%)
Session 3	Useful	0 (0%)	0 (0%)	0 (0%)	5 (19.2%)	10 (38.5%)	11 (42.3%)
	Enjoyable	0 (0%)	0 (0%)	0 (0%)	4 (15.3%)	12 (46.2%)	10 (38.5%)
Session 4	Useful	0 (0%)	0 (0%)	1 (3.8%)	1 (3.8%)	12 (46.2%)	12 (46.2%)
	Enjoyable	0 (0%)	0 (0%)	0 (0%)	3 (11.5%)	9 (34.6%)	14 (53.9%)

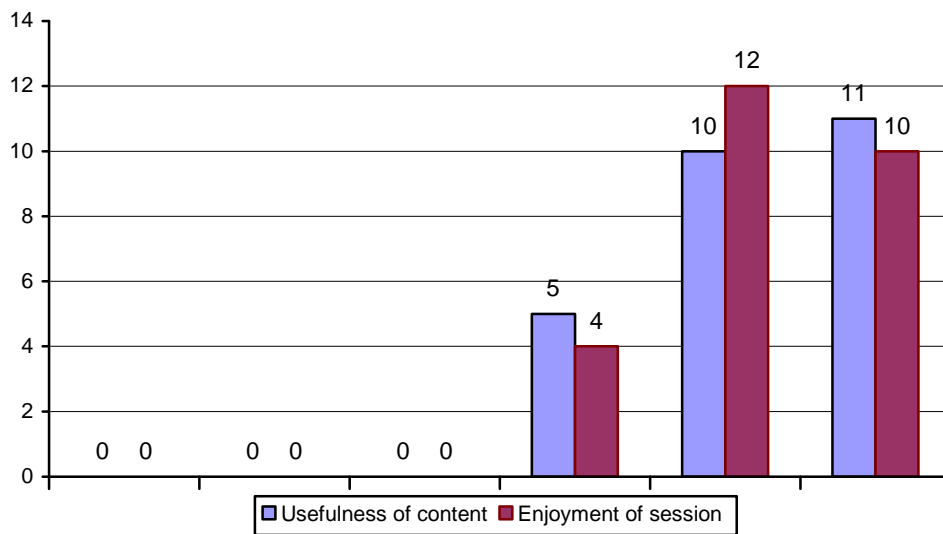
A safe patient



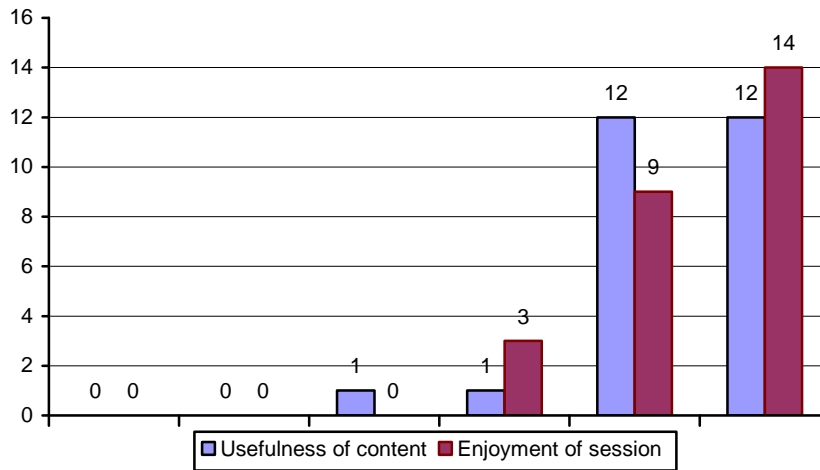
A safe workplace



A safe profession



A safe nurse



PARTICIPANT COMMENTS - Positive

- ▶ Excellent information. The workshop motivates you to implement and share the information to ensure a safe patient, a safe workplace, a safe profession and a safe nurse.
- ▶ Very important and well planned workshop.
- ▶ I feel more confident.
- ▶ I recommend that more nurses are exposed to these sessions.
- ▶ The workshop was very informative, educational and refreshing.
- ▶ The workshop was very educational, lots of food for thought and practices will be implemented in my institution to ensure a safe environment and a safe profession.
- ▶ Very useful information, good for dissemination to others in the workplace. The exercises were helpful.
- ▶ The workshop was very informative; also a reminder and refresher of things to implement.
- ▶ Very worthwhile.
- ▶ Valuable two days. I wish that the session could be repeated in 2009.

PARTICIPANT COMMENTS - Negative

- ▶ Great seminar and enjoyable but could have provided more updated information; more diverse guest speakers and research based findings on safety measures, injuries etc.
- ▶ More handouts needed in order to share with colleagues and refer to.



RECOMMENDATIONS

- ▶ That nurse managers are given education and training in establishing a culture of safety in all workplaces.
- ▶ That the BNA facilitate the distribution of material from the workshop to other nurses and consider hosting similar workshops in the future.
- ▶ That workshop participants commit to promoting a culture of safety in their workplace and sharing workshop materials with colleagues.
- ▶ That policies, procedures and standards that pertain to patient safety be reviewed, updated where necessary and made widely available in the workplace.
- ▶ That sufficient human and material resources be made available to nurses to achieve patient safety.
- ▶ That the BNA develop an action plan to promote initiatives to achieve patient safety.

