



# 4<sup>th</sup> Commonwealth Nurses and Midwives Conference

## *Leading the way: nurses and midwives for a safe, healthy and peaceful world*

Royal College of Physicians Regent's Park London UK

10-11 March 2018

### EVALUATION RESPONSES

**1. Which country do you come from?**

Sri Lanka (2); Malta (6); Ghana (8); Sierra Leone (3); Botswana (1); United Kingdom (2); Seychelles (1); Jamaica (2); Canada (1); Namibia (3); Rwanda (1); Nigeria (2); Bahamas (2); Trinidad and Tobago (1); Cameroon (1); Guyana (1); Kiribati (2); not stated (4)

**2. How did you hear about the conference?**

National nursing association (24); CNMF (15); attended previous CNMF conference (6); friend or colleague (3)

**3. What attracted you to the conference?**

Opportunity to present at an international conference (14); Opportunity to attend an international conference (28); Conference themes (15); A particular speaker or session (1); Location (8); Networking opportunities (17); CPD opportunity (16)

**4. How did you register for the conference?**

Online through conference website (26); by email (7); by mail (1); through NNA (5); onsite (5)

**5. How did you pay for the conference?**

Online through PayPal or credit card (19); Bank transfer (10); Cheque (3); Requested invoice (1); NNA (2); cash onsite (6); Fee waived (2)

**6. How easy for you was it to register for the conference?**

Easy (27); reasonably easy (13); Difficult (2); very difficult (1)

If difficult or very difficult, could you explain why?

- HSBC changed bank codes during registration period
- Ghana not listed as PayPal country
- Unable to obtain sponsorship

**7. How would you rate the venue for the conference?**

Excellent (32); Good (11)

**8. How would you rate the conference theme and content?**

Excellent (30); Good (13)

**9. Did you learn anything new at the conference?**

Yes (43); No (0)

**10. Were you able to make new contacts at the conference?**

Yes (43); No (0)

**11. Would you be interested in attending the next conference in 2020?**

Yes (39); not sure (2); No (2)

**12. Did you require a visa to enter the United Kingdom?**

Yes (19); No (24)

**13. If you required a visa, did you have any problems with the visa process?**

Yes (7); No (12)

- Process very cumbersome
- No right of appeal
- Visa granted late making travel difficult, stressful, and more expensive

**14. Do you have any other comments?**

- Well done to the organisers of the conference. I am looking forward to the next conference.
- The conference was very interesting and the presentations were informative and educational. To know what other nurses around the world are doing and going through meant a lot to me.
- The conference was fantastic.
- I have really enjoyed the conference and thank all the organisers.
- The conference has really motivated my spirit. The program was well organised.
- Thanks for putting this program together. I enjoyed it. Excellent themes and presenters. Hope to attend again. Awesome to have met other nurses and colleagues from the Commonwealth.
- Thank you. Excellent as always.
- Very interesting and informative conference. Congratulations to the organisers. A big thank you to all presenters and support staff.
- Great conference, well organised.
- The conference was very good.
- The conference was wonderful.
- Food was delicious and the conference as a whole was fantastic.
- Thank you to the organisers for keeping an open communication channel throughout the period before the conference and for regularly updating attendees.
- Well done. It was properly organised.

- Thank you for creating such an amazing space within which we were able to network at such a high level.
- I truly appreciate the vast amount of additional knowledge I received. I appreciate the work the CNMF is doing and achieving.
- Very good conference. Thank you for the opportunity to attend and present.
- Highly educative and quality conference to improve nursing and midwifery.
- Well organised and informative conference; very practical issues were addressed.

#### 15. Recommendations

- Have the conference on a Friday and Saturday (not a Sunday)
- Add a pen to the conference bag
- Notify potential participants through the NNA as early as possible
- Consider holding the conference in other Commonwealth countries
- Presentations that involve practical sessions
- More on stress management and nurses' wellbeing
- More input from midwives
- Involve ICN and ICM
- More information about London for people coming to London for the first time

#### 16. Which were the sessions you enjoyed the most?

- 2: Mrs Marie-Claire Pellegrini *Ethical issues surrounding the removal of a percutaneous endoscopic gastrostomy tube*
- 5: Miss Patience Agyare *Understanding the effects of stigma of mental illness on patients and nurses*
- 8: Mr Francis Acquah *The provision of primary mental health care to young people in an adult maximum security prison*
- 9: Ms Suraya Abdullah *Nursing and midwifery challenges and aspirations in Brunei Darussalam*
- 14: Mr Francis Acquah *Providing sustainable mental health care in Ghana: the Mental Health and Wellbeing Foundation of Ghana*
- 18: Ms Annie Butler *Leading 'down under' for a safe, healthy and peaceful world*
- 25: Dr Sonia Sunny *Management of menopausal problems in a primary health care setting*
- 27: Mr Chris Carter *An evaluation of student nurses completing an international elective in Zambia*
- 32: Mrs Finda Pessina *Scale up of Option B+ for PMTCT: the Sierra Leone experience*
- 35: Miss Ruth Oshikanlu *Promoting parent-foetal attachment for expectant parents who have had assisted conception*
- 49: Professor Charlotte McArdle *Enabling professionalism in nursing and midwifery: a UK approach*
- 50: Mr Chris Carter *The use of simulation to develop military undergraduate nurses*
- 51: Mrs Maria Dimitriadou *The prevalence and pattern of rationing nursing care in an acute care setting*
- 42: Dr Lynn McDonald *Nurses after Nightingale: the next generation of nurses facing war and epidemics*
- 44: Dr Sudath Warnakulasuriya *Factors affecting occupational low back pain amongst nurses in four hospitals in Colombo*
- 59: Dr Deva-Marie Beck *In Nightingale's footsteps: we are the achievers of the UN Sustainable Development Goals*
- 61: Ms Christine Cummins *The challenges of caring: ethical dilemmas in mental health nursing*

- 63: Dr Adelaide Ansah-Ofei *Stress and coping strategies among nurse managers at three hospitals Eastern Region Ghana*
- 64: Mr Zurab Elzarov *Healing the wounds of war: reducing maternal mortality in Darfur*
- 66: Ms Willamae Stuart *Who will care for me: providing care in 'my home' for older people*
- 68: Mrs Matilda Tshabalala *Experience of newly employed nurse educators at a nursing college in Gauteng*
- 70: Ms Catherine Smith *Burnout in mental health workers associated with age and length of service*
- 71: Mr Geoffrey Axiak *Good nutrition for persons suffering from dementia*
- 72: Ms Hossinatu Kanu *Nurse led emergency triage, assessment and treatment for children in Sierra Leone*
- 73: Dr Elizabeth Bernthal *A sense of belonging and identity to enhance a nurses' resilience*
- 74: Dr Di Lamb *Recipe for writing*
- 75: Ms Melita Walker and Mrs Kathryn Grant *A national initiative to strengthen health professional practice in perinatal mental health*
- 76: Miss Lyndsey Rickman *Using multisensory therapy to promote wellbeing for people with dementia in hospital*
- 78: Dr Sabina David *an educational support program for adolescent mothers in Oshana Region Namibia*
- 79: Ms Ester Mulenga *Empowering mothers and caregivers on feeding practices for children under five*
- 80: Ms Tabitha Mallampatti *Nurses perceptions of the challenges and strategies of nursing education and practice*
- 81: Ms Joselyne Mukantwari *Indwelling urinary catheter use among patients undergoing surgery at one Rwandan referral hospital*
- 84: Ms Tabitha Mallampatti *Lifestyle assessment of people with type 2 diabetes in Guyana and India*
- 87: Mrs Ruth Wooldridge *The Palliative Care Toolkit*
- 90: Ms Michaela Nuttal and Ms Patricia Hughes *The Healthy Nursing Collaborative workshop*
- 91: Associate Professor Adella Campbell *Removal of charges for health services in the Jamaica public health system*
- 95: Dr Heather Moore *The shifting dynamics of nurse safety*
- 96: Mrs Therese Saliba *Attitudes of health care professionals concerning the spirituality of patients suffering from dementia*
- 97: Ms Lora Pullicino *Guaranteeing asylum seekers' right to care: the role of midwives and nurses*
- 99: Ms Dorcas Gwata *Improving mental health and inequalities in minority groups in London*
- 100: Professor Kathleen McCourt *Reforming mental health legislation across the Commonwealth*
- 103: Ms Minnesha Yasmine *Contributing to the reduction of maternal mortality in Africa*
- 105: Mrs Veronica Fransman-Hendricks *Health professionals united in pursuing a positive practice environment for health facilities*
- 107: Dr Franklin Shaffer *Nursing workforce migration: regulation to ensure patient safety across borders*
- Dr Catherine Hannaway *Nursing Now: Global Nursing Campaign*