The Palliative Care Toolkit for Resource Limited Health Settings

The importance of resources for community based palliative care

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You can do palliative care in any setting
How do we extend training, palliative care skills and care to the population who live in this environment?
Why is palliative care essential?

To give skilled care & support for all facing advanced & incurable illnesses.

Benefits for:
For the patient
For the family
For the health professionals
For the government & health ministry
To ensure essential PC drugs are available
The Palliative Care Toolkit

Palliative Care Toolkit
Improving care from the roots up in resource-limited settings

by Dr Vicky Lavy, Dr Charlie Bond and Ruth Wooldridge
Growing a model of care from available resources

PHYSICAL
PATIENT CARE
Health centre
Local hospital
Private clinics
Traditional healers
NGOs doing healthcare
Art clinics

DRUG SUPPLY
Hospital pharmacy
Local pharmacy shops

ADVICE AND SUPPORT
Local doctor/nurse/clinician
Local physiotherapist
National palliative care association

PSYCHOLOGICAL
COUNSELLING
Social worker
Trained volunteer
HIV counsellor
Patient advocates – others with the same illness

SUPPORT GROUPS
PLHIV group
Women’s group
Youth organisations

SUPPORT AT HOME
HGIC volunteers
Family members

SPIRITUAL
INDIVIDUALS
Local religious leaders
Volunteers from faith communities
Social workers
Family members

GROUPS
Faith community (e.g. church, mosque, temple, synagogue)
Women’s groups
Hospital visitation team
Children’s groups

SOCIAL
Non-governmental organisations
Faith-based organisations
Food supply work
Orphans and vulnerable children groups
Income generation schemes
Small loan schemes

INDIVIDUAL PROFESSIONALS
Social workers
Legal advisor, for making wills

INVOLVING OTHERS
Community leaders
Local schools and colleges
Community groups
A Toolkit for Everyone
‘There is always something you can do’

Chapters on:
What is palliative care, you can do palliative care in your setting, working as a team...

Addresses difficult issues:
• Pain relief,
• Symptom control,
• Breaking bad news,
• Spiritual issues,
• Children’s and family needs
• Advocacy
Essential TOOLS
all prepared for you

- Patient assessment chart
- Pain assessment chart
- HBC record charts
- Drug charts
- Referral form
- Essential drugs lists for adults and paediatrics
- Posters and leaflets for advocacy
Trainers manual

- Currently being revised
- Online
- Structured models and resources for teaching,
- How to help others to explore and learn from the Toolkit material.
- Information on teaching methods
- Courses and modules all prepared for you
How can we develop community-based palliative care?

Training
Sharing skills
Cascading training
Linking with health centres and hospital
Find a champion to take this forward.
Diploma in palliative care
Palliative care is about

“Putting life into their days and not just days into their life”

Thank you