



# COMMONWEALTH NURSES AND MIDWIVES FEDERATION

e-News Vol.12 Issue 6 June 2019

## COUNTDOWN TO CONFERENCE



**27 weeks**

**5<sup>th</sup>  
Commonwealth  
Nurses and  
Midwives  
Conference**  
6-7 March 2020  
London UK

Registration for the 5<sup>th</sup> Commonwealth Nurses and Midwives Conference is now open. Go to <https://www.commonwealthnurses.org/conference2020>.

At the 5<sup>th</sup> Commonwealth Nurses and Midwives conference we will be celebrating the past achievements, present endeavours, and future contributions of nurses and midwives.

2020 is the World Health Organisation (WHO) "Year of the Nurse and Midwife". The first ever WHO "State of the World's Nursing" report will be released in 2020 as well as the release of the third "State of the World's Midwifery" report. 2020 is also the 200<sup>th</sup> anniversary of the birth of Florence Nightingale. Sunday 8 March 2020 is International Women's Day, and Monday 9 March 2020 is Commonwealth Day: all excellent reasons to celebrate.

Over 120 nurses and midwives from every region of the Commonwealth (35 different countries) will present papers and posters at the conference. Presentations and posters will showcase how individual nurses and midwives, or nursing and midwifery groups, associations or institutions are contributing to global health and wellbeing across the lifespan in all settings within the following themes:

- Clinical practice
- Leadership and management
- Education and training
- Policy and projects
- Research and innovation.

The conference is a wonderful opportunity for nurses and midwives across the Commonwealth to come together to share with and learn from each other, make friends, and establish strong and supportive networks. Join us 6-7 March 2020 London UK.

## VALE DONALD CEPHAS EPAALAT



The CNMF was very saddened to learn of the sudden death of Mr Donald Cephias Epaalat in a road accident in Kenya on Sunday 12 August 2019. Donald was a former President of the National Nurses Association of Kenya and a CNMF Board Member for the East, Central and Southern Africa Region from 2005 to 2013. Donald was a much loved and highly respected nurse leader in Kenya and his passion for nursing, his calm, gentle wisdom, and his delightful sense of humour will be sadly missed. Our thoughts are with his family, his friends, and his colleagues at this difficult time.

## 24<sup>th</sup> CNMF Biennial Meeting

Thursday 5 March 2020  
London UK

The 24<sup>th</sup> CNMF Biennial Meeting of Members will be held on Thursday 5<sup>th</sup> March 2020 in London, United Kingdom. The Biennial Meeting of Members is the decision making body of the CNMF. All CNMF members are entitled to attend and participate in the debate and decision making. CNMF friends are welcome to attend as observers. The 2020 Biennial Meeting of Members will receive reports from the President, Executive Secretary and Treasurer; vote on constitutional changes; confirm position statements debated at the 23<sup>rd</sup> Biennial Meeting of Members; consider other CNMF position statements; and set CNMF directions for the following two years.

Stay up to date with all the very latest news from  
CNMF





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## CHILDREN LEAD THE WAY

**Support our children. Join the "strike for climate" on 20 September.**

A global climate strike is planned for 20 September. The "strike for climate", driven by hundreds of thousands of schoolchildren, is asking adults around the world to join them on 20 September in demanding emergency action to tackle the climate crisis. To join an event near you, go to: <https://globalclimatestrike.net/>.

The "strike for climate" is being held to raise awareness in the lead up to the UN Climate Action Summit 23 September 2019 in New York. World leaders are being asked to develop concrete and realistic plans to reduce greenhouse gas emissions by 45% over the next decade and zero emissions by 2050. The UN report that global emissions are reaching record levels and show no sign of peaking, however if action is taken now, carbon emissions can be reduced within 12 years and the global average temperature held to well below 2°C. <https://www.un.org/en/climatechange/un-climate-summit-2019.shtml>

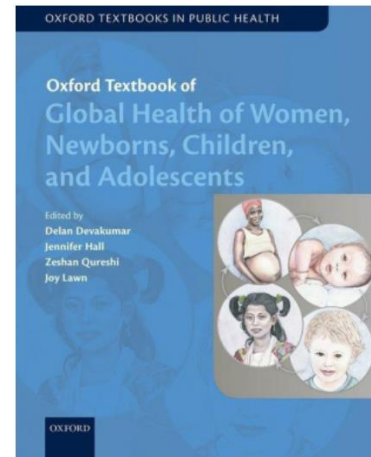
## MEDICAL AID FILMS

Medical Aid Films has partnered with Picture Health to make available thirteen films on paediatric HIV and the treatment of children living with HIV. Early diagnosis and access to HIV treatment is vital to reducing early mortality in HIV-infected infants. Without treatment, about one third of children living with HIV die by their first birthday and half die by their second.



The interactive films use real cases to support clinical decision-making. Filmed in a busy hospital in Malawi, films can be downloaded free. Go to: <https://www.medicalaidfilms.org/hiv-paediatric-case-study-films-for-teaching-in-africa/>.

## NEW BOOK LAUNCH



The Oxford Textbook of Global Health of Women, Newborns, Children, and Adolescents has recently been released. The textbook follows women from adolescence to motherhood, it covers sexual and reproductive health, HIV, pregnancy, mental health, and much more. Child development is traced from conception through to pregnancy, the newborn period, and into childhood and adolescence. The textbook asks uncomfortable but necessary questions about the determinants of health, such as maltreatment, injury, and malnutrition, and looks at how to influence policy and inspire change. The book has a clear structure, helpful illustrations, study questions in each chapter, and is easy to use. It can be purchased in hard copy or digital edition. Price varies between outlets so shop around for the best price. For more information go to: <https://unofficialguidetomedicine.com/oxford-textbook-of-global-health-of-women-newborns-children-and-adolescents/>.

## HPV VACCINE SUCCESS IN REDUCING CERVICAL CANCER

Research published in *The Lancet* has highlighted the success of the human papilloma virus (HPV) vaccine in reducing infections among young women and girls. HPV, which is sexually transmitted, can cause cervical cancer as well as anogenital warts. In 2018 there were 569,000 cases of cervical cancer worldwide and 313,365 deaths, 80% of which were in poorer countries. The WHO is setting goals for reducing the number of cases of cervical cancer to no more than 4 per 100,000 population. To read the articles go to: [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(19\)30298-3/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(19)30298-3/fulltext)