



COMMONWEALTH NURSES AND MIDWIVES FEDERATION

e-News Vol.13 Issue 1 January 2020

COUNTDOWN TO CONFERENCE

Don't miss out: Register now!

<https://www.commonwealthnurses.org/conference2020>



7 weeks

**5th
Commonwealth
Nurses and
Midwives
Conference
6-7 March 2020
London UK**

At the 5th Commonwealth Nurses and Midwives conference we will be celebrating the past achievements, present endeavours, and future contributions of nurses and midwives. Over 120 nurses and midwives from every region of the Commonwealth (35 different countries) will present papers and posters at the conference showcasing how individual nurses and midwives, or nursing and midwifery groups, associations or institutions, are contributing to global health and wellbeing across the lifespan in all settings. The conference is a wonderful opportunity for nurses and midwives across the Commonwealth to come together to share with and learn from each other, make friends, and establish strong and supportive networks. Join us 6-7 March 2020 London UK.

24th CNMF Biennial Meeting

Thursday 5 March 2020

Royal College of Nursing London UK

Register now

<https://www.commonwealthnurses.org>

The 24th CNMF Biennial Meeting of Members will be held on Thursday 5th March 2020 in London, United Kingdom. The Biennial Meeting of Members is the decision making body of the CNMF. All CNMF members are entitled to attend and participate in the debate and decision making. CNMF friends are also welcome to attend as observers. The agenda, papers, and registration form for the Biennial Meeting of Members can be downloaded from the CNMF website <https://www.commonwealthnurses.org>

HAPPY NEW YEAR 2020



The CNMF President and Board wish all CNMF members and friends a safe, happy, peaceful and healthy new year and look forward to working together in 2020.

WELCOME

INTERNATIONAL YEAR OF THE NURSE AND THE MIDWIFE

Welcome to the International Year of the Nurse and the Midwife, a year-long celebration of the contribution of nurses and midwives to the health of the global population. Nurses and midwives play a vital role in providing health services. They are often the first and only point of care in their communities. They provide nursing and midwifery care in all settings where people live and work, such as tertiary and secondary hospitals, primary care centres, clinics, the community, the home, workplaces, and schools. Nurses and midwives devote their lives to caring for individuals, families, and communities and are there, all day, every day, to provide care from birth to death.

The world needs 9 million more nurses and midwives if it is to achieve universal health coverage by 2030. That is just one of the reasons the World Health Organisation has designated 2020 as the International Year of the Nurse and the Midwife <https://www.who.int/campaigns/year-of-the-nurse-and-the-midwife-2020>. Around the world governments are being urged to take immediate action to address the nursing and midwifery shortages in their countries.



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INTERNATIONAL COMMEMORATION DAYS

January

24 [International Day of Education](#)

February

04 [World Cancer Day](#)

06 [International Day Against Female Genital Mutilation](#)

20 [World Day of Social Justice](#)

March

01 [Zero Discrimination Day](#)

08 [Commonwealth Day](#)

08 [International Women's Day](#)

20 [International Day of Happiness](#)

21 [International Day for the Elimination of Racial Discrimination](#)

22 [World Water Day](#)

24 [World Tuberculosis Day](#)

April

07 [World Health Day](#)

22 [Earth Day](#)

25 [World Malaria Day](#)

28 [International Workers Memorial Day](#)

28 [World Day for Health and Safety at Work](#)

May

01 [International Labour Day](#)

03 [World Press Freedom Day](#)

04 [World Asthma Day](#)

05 [International Day of the Midwife](#)

08 [World Red Cross and Red Crescent Day](#)

12 [International Nurses Day](#)

15 [International Day of Families](#)

16 [International Day for Living Together in Peace](#)

22 [International Day for Biological Diversity](#)

31 [World No-Tobacco Day](#)

June

05 [World Environment Day](#)

12 [World Day Against Child Labour](#)

08 [World Oceans Day](#)

14 [World Blood Donor Day](#)

15 [World Elder Abuse Awareness Day](#)

20 [World Refugee Day](#)

26 [International Day in Support of Victims of Torture](#)

July

11 [World Population Day](#)

28 [World Hepatitis Day](#)

30 [International Day of Friendship](#)

August

09 [International Day of the World's Indigenous People](#)

12 [International Youth Day](#)

19 [World Humanitarian Day](#)

September

08 [International Literacy Day](#)

10 [World Suicide Prevention Day](#)

15 [International Day of Democracy](#)

21 [International Day of Peace](#)

21 [World Alzheimer's Day](#)

23 [World Contraception Day](#)

27 [World Heart Day](#)

28 [Universal Access to Information](#)

October

01 [International Day of Older Persons](#)

02 [International Day of Non-Violence](#)

03 [World Smile Day](#)

10 [World Mental Health Day](#)

11 [International Day of the Girl Child](#)

14 [World Sight Day](#)

15 [Global Handwashing Day](#)

16 [World Food Day](#)

17 [International Day for the Eradication of Poverty](#)

24 [United Nations Day](#)

November

14 [World Diabetes Day](#)

16 [International Day for Tolerance](#)

19 [International Men's Day](#)

19 [World Toilet Day](#)

20 [World Children's Day](#)

25 [International Day for the Elimination of Violence against Women](#)

December

01 [World AIDS Day](#)

03 [International Day of People with Disabilities](#)

10 [Human Rights Day](#)

18 [International Migrants Day](#)

24 [Human Solidarity Day](#)