Mr Francis Acquah
Ghana

Providing sustainable mental health care in Ghana: the Mental Health and Well-being Foundation of Ghana
PROVIDING SUSTAINABLE MENTAL HEALTH CARE IN GHANA

Francis Acquah
Mental Health and Well-being Foundation
Formerly known as
Mental Health Foundation of Ghana
ABOUT MHFGH

- a not for profit organisation
- based in Ghana and Australia
- founded in January 2013 by concerned individuals from Australia, UK and Ghana
- as a result of a Human Rights Watch Report “Like a Death Sentence: Abuses against Persons with Mental Disabilities in Ghana” (2012)
  http://www.hrw.org/reports/2012/10/02/death-sentence-0
What is happening?
Man being bathe in public
MHWBF ACTIVITIES

- First Mental Health and Well-being Conference of Ghana 2013
MHWBF ACTIVITIES TO DATE

- Mental health outreach facility in Ningo-Prampram
- Our office is based in Ningo
- Establishment of Community Engagement activities
MHWBF ACTIVITIES CONTD

- World Mental Health Day Activity 2014 – Public Awareness Durbar
MHWBF ACTIVITIES

- Civil Society Seminar: 17th August 2014
Interactive youth education session at the Grace Presbyterian Church, West Legon
MHWBF FUTURE ASPIRATIONS

- outreach programs,
- research collaboration with other NGOs,
- contribution to the education of mental health practitioners including areas of mental health first aid
- Social Enterprise activity
- Holding the 4th Mental Health and Well-being Conference of Ghana in October 2018 at Kwame Nkrumah University of Science & Technology – KNUST – 15th to 17th October 2018
Suicide Prevention Seminar

- Skills Development Workshop on Suicide Intake and Triage Training 2017
Over 130 participants attended
ACHIEVEMENTS

- Trained over 200 Ghanaians in Mental Health First Aid courtesy of Mental Health First Aid Australia
- Trained over 130 in Suicide Prevention and triage and use of WRAP in Ghana
- The Foundation has been raising awareness in the Community including Community activities
- Currently has 8 Ghanaians completing their PhD in Mental Health due to collaboration with Australia Universities
Mental Health and Well-being Foundation
I personally invite you to join us at the 2018 Mental Health and Well-being Conference of Ghana
15-17th October 2018
KUNST – Kumasi Ghana
www.mhwbf.org