Botswana is situated in southern Africa and shares borders with Zambia, Zimbabwe, Namibia and South Africa. Its size is similar to that of France. The Kalahari Desert occupies 84% of the country. Gaborone is the capital city of Botswana. Temperatures in June range from 5-23°C and it is generally dry. English is the official language however the national language is Setswana. Botswana’s national currency unit is the pula which is divided into 100 thebe (100 pula is around £9.00; €10.00; US$13.00).

The CNF Biennial is being hosted by the Nurses Association of Botswana.

Venue
The Biennial meeting and workshop will be held at the Phakalene Golf Estate, Gaborone Botswana. Complimentary transport to and from the meeting from the Metcourt Inn will be provided.

Accommodation
Rooms have been reserved at the Metcourt Inn, Bonnington Farm, Molepolole Road, Gaborone, Botswana. The Metcourt Inn is situated in The Grand Palm resort in Gaborone. Standard, Executive Twin (for people who wish to share accommodation) and Executive Double rooms are available at the Metcourt Inn. Cost is approximately GBP 50 per night including breakfast for a standard room, additional for executive rooms. Delegates choosing to stay at the Metcourt Inn can book through the CNF. Delegates choosing to stay at alternative accommodation must make their own bookings. The website for the Metcourt Inn is: http://www.metcourt.com/thegrandpalm/default.asp.

Travel
The CNF is able to obtain cheap air travel from their travel agent in London who specialises in fares for non government organisations. If you would like the CNF to obtain a quote for you, please email or fax your city of departure. If you accept the quote then an additional form will need to be completed and payment for travel made prior to tickets being issued.

Expenses
Delegates will be responsible for their own travel and accommodation costs. The CNF is only able to meet the cost of the meeting venue, morning and afternoon refreshments and lunch for both days of the Biennial meeting and dinner on the first evening of the meeting. The CNF does not pay per diems.

Visas
Delegates should check whether they require a visa to enter and leave Botswana. Visas are not generally required for most Commonwealth countries (with the exception of Nigeria, Ghana, India and Sri Lanka). Check on visa requirements and learn about the fascinating history of Botswana and other exciting places to visit in Botswana at: http://www.botswanatourism.co.bw.

Registration
Registration forms and the Biennial meeting and workshop program can be downloaded from the CNF website: http://www.commonwealthnurses.org or by emailing: cnf@commonwealthnurses.org.

REGISTRATION IS ESSENTIAL

Resources required
The Commonwealth Steering Committee for Nursing and Midwifery are preparing another of their resources for nurses and midwives in Commonwealth countries. This resource is on modernising nursing careers to ensure they are fit for current and future needs. Elements to be included are, for example: updating the image of nursing and midwifery, ensuring pre-registration education is geared to producing the type of nurses needed, mapping different entry routes and career paths and nurse leadership roles in multidisciplinary settings. Further information and resources which may be considered for inclusion should be sent to ann.towner@dh.gsi.gov.uk by end of August 2009.

REGISTRATION IS ESSENTIAL
CNF INDIA WORKSHOP

The CNF in conjunction with the Trained Nurses Association of India (TNAI) held a very successful workshop in New Delhi 18 February 2009 on the CNF 4Safety theme: A safe patient; a safe workplace; a safe profession and a safe nurse. Forty-five nurses attended the workshop from India, Sri Lanka and the Maldives.

Participants included Mrs Satish Chawla the CNF Vice President, Mr Arvind Kulkarni CNF Board member for the South Asia region and Mrs Sheila Seda Secretary General of TNAI.

COMMONWEALTH STEERING COMMITTEE SOUTH ASIA REGIONAL WORKSHOP

The Commonwealth Steering Committee for Nursing and Midwifery held their annual regional workshop in New Delhi India 16-17 February. Among those attending were ten nurses from Sri Lanka. Copies of the presentations are available on the CNF website: http://www.commonwealthnurses.org.

THE COMMONWEALTH TURNS 60

The 60th anniversary of the adoption of the London Declaration by Commonwealth Prime Ministers falls on 28 April 2009. On this day the British Commonwealth came to an end and the modern Commonwealth of ‘freely and equally associated’ states came into being. There are currently fifty three member states of the Commonwealth.

Commonwealth Day will be celebrated on Monday 9 March 2009.

The theme of Commonwealth Day: ‘the commonwealth @ 60 - serving a new generation’ provides a chance to look back, but also a chance to look at the work of the Commonwealth now and in the future.

The CNF will be celebrating the Commonwealth at 60 by launching the Commonwealth ‘Young Nurse’ Fellowship which will provide, each second year, an opportunity for a young nurse from a developing country to attend the CNF Biennial Meeting and address the delegates on issues of concern to young people and young nurses in particular.

Copies of the presentations are available on the CNF website: http://www.commonwealthnurses.org.