



COMMONWEALTH NURSES FEDERATION

eNews Vol.3 Issue 8 August 2010

20th CNF BIENNIAL CONFERENCE and GENERAL MEETING

Nurses and midwives: meeting the challenges of the 21st century

Friday 29 and Saturday 30 April, 2011
Radisson BLU Resort, St Julian's, Malta

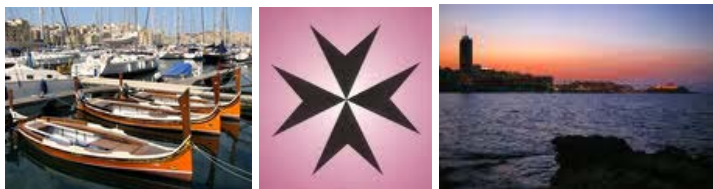
The 20th CNF Biennial Conference and General Meeting will be held Friday 29 and Saturday 30 April 2011 at the Radisson BLU Resort, St Julian's, Malta <http://www.radisson.com.mt>. For information about registration, accommodation and the draft program please go to: <http://www.commonwealthnurses.org>.

CNF members are encouraged to advise their members of the dates; to put the dates in their diaries; and start planning to attend.

The 20th CNF Biennial Conference and General Meeting is hosted by the Malta Union of Midwives and Nurses



The ICN Committee of National Representatives meeting is being held in St. Julian's Malta 2-4 May 2011 with the ICN Congress being held in Valetta Malta 2-8 May 2011.



ABOUT MALTA

The Maltese Islands have been described as an open-air museum. The archipelago lies virtually at the centre of the Mediterranean, with Malta 93 km south of Sicily and 288 km north of Africa. The archipelago consists of three islands: Malta, Gozo and Comino with a total population of 400,000. Malta is the largest island and the cultural commercial and administrative centre. Gozo is the second largest island and is more rural, characterised by fishing, tourism, crafts and agriculture while Comino is largely uninhabited. The narrow meandering streets of Malta's towns and villages are crowded with Renaissance cathedrals and Baroque palaces and with superbly sunny weather, expansive beaches, a thriving nightlife and 7,000 years of intriguing history, there is a great deal to see and do.

VISAS

Delegates should check whether they require a visa to enter and leave Malta. Visas appear to **be required** for most Commonwealth countries (with the **exception** of Antigua and Barbuda, Australia, Bahamas, Barbados, Bermuda, Brunei Darussalam, Canada, Cook Islands, Cyprus, Malaysia, Montserrat, New Zealand, St Kitts and Nevis, Singapore and United Kingdom). Allow plenty of time to obtain your visa as this may have to be done by post to the nearest embassy. Check on visa requirements at: <http://www.mfa.gov.mt/default.aspx?MLEV=52&MDIS=19>.

ACCOMMODATION

Rooms have been reserved at the Radisson BLU Resort at a special price however delegates may choose to stay at alternative accommodation.

- ♣ 4 nights or less: Double or Single accommodation (1 or 2 persons) €175.00 per room per night including breakfast and VAT.
- ♣ 5 nights or more: Double or Single accommodation (1 or 2 persons) €155.00 per room per night including breakfast and VAT

If you wish to book at the Radisson BLU Resort, please complete the reservation form from:

<http://www.commonwealthnurses.org>
and email to: reborg@radisson.com.mt

If you wish to book the Radisson BLU online, please use the following codes:

4 nights or less: **CNF**
5 nights or more: **MCNF**

The website for the Radisson BLU Resort St Julian's Malta is: <http://www.radisson.com.mt>. Please note: to book online you need to go the Radisson BLU website, enter the dates of arrival and departure and the number of persons and then click on 'More search options' and enter the CODE in the Promotional Code square.

INTERNET

The Radisson BLU Resort has advised that there is free wireless internet access in all guest rooms and public areas.

EXPENSES

Malta's national currency unit is the euro. Delegates are responsible for their own travel and accommodation costs. The CNF does not pay per diems.



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15TH SOUTH PACIFIC NURSES FORUM

8-11 November 2010

Aotea Centre, Queen Street, Auckland New Zealand

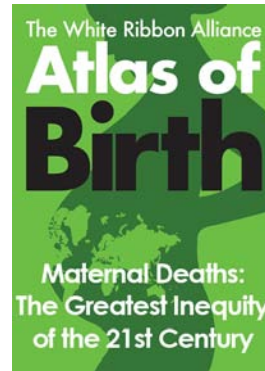
NURSES AT THE HELM
Steering health across the Pacific



For more information see:

<http://www.spnf.org.au/news.html>

or contact: Aretha Wahanui (NZNO SPNF Planning Committee) spnf@nzno.org.nz.



The **Atlas of Birth** recently released by the White Ribbon Alliance is a compendium of the latest available data with maps, images and stories documenting one of the greatest opportunities of our time - to prevent the tragic and almost always preventable deaths of women in childbirth. Available from:

<http://www.whiteribbonalliance.org/resources.cfm?a0=AoB>



Commonwealth
Foundation

The civil society statement to the Commonwealth Heads of Government meeting held November 2009 in Trinidad and Tobago is available from:

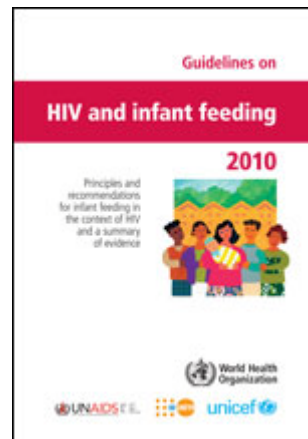
http://www.cfc2010.org/downloads/CPF_2009_Final_Statement.pdf.

This is an important statement which CNF members are encouraged to download and use in discussions and negotiations with their government. The statement reflects the priorities of civil society and includes health priorities.



Stories of Mothers Saved is a considerable collection of individual stories from 60 communities in nearly 30 countries of women who have survived pregnancy and childbirth to tell their stories. Each story is unique and powerful; highlighting what is working and what must be done to save women's lives. To view the stories, go to:

http://www.whiteribbonalliance.org/sm_saved/default.cfm.



Approximately 400 000 infants acquire HIV infection each year as a result of mother-to-child transmission. To reduce this risk WHO recommends that all women with HIV should receive antiretroviral drugs to protect against HIV transmission during pregnancy, delivery or breastfeeding.

There is good evidence that earlier and more effective treatment can prevent nearly all mother-to-child transmissions. Breastfeeding, which is essential for child survival has posed an enormous dilemma for mothers living with HIV. Now, WHO says mothers may safely breastfeed provided that they or their infants receive ARV drugs during the breastfeeding period. This has been shown to give infants the best chance to be protected from HIV transmission in settings where breastfeeding is the best option. Download the new 2010 WHO Guidelines from:

http://www.who.int/child_adolescent_health/documents/9789241599535/en/.

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