



# COMMONWEALTH NURSES AND MIDWIVES FEDERATION

eNews Vol.8 Issue 12 December 2015

## BEST WISHES FOR 2016

The CNMF President and Board wish all CNMF members and friends a safe, healthy, happy and peaceful 2016. Highlights for 2016 will be the CNMF 22<sup>nd</sup> Biennial General Meeting in London Friday 11 March 2016 followed by the 3<sup>rd</sup> Commonwealth Nurses and Midwives Conference also in London 12-13 March 2016. Further information is available on the CNMF website: <http://www.commonwealthnurses.org/conference2016>.



## BECOME A CNMF MEMBER

Membership of the CNMF is open to national nursing associations; national midwifery associations; specialist nursing associations (such as mental health, critical care, paediatrics, operating theatre etc); regional and international nursing, midwifery and health associations; regulatory bodies, universities, and individuals. By becoming a member of the CNMF, you can support the work of the CNMF and become involved in that work. Members can promote their own work through the monthly e-News, the CNMF website or the extensive CNMF network. You can join online through the CNMF website: <http://www.commonwealthnurses.org/membership.html>.

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## 3<sup>RD</sup> COMMONWEALTH NURSES AND MIDWIVES CONFERENCE

London UK 12-13 March 2016

**REGISTER NOW  
ONLY TWO MONTHS TO GO**

Commonwealth Nurses  
and Midwives Federation  
3rd Commonwealth Nurses  
and Midwives Conference  
**Register  
now...**

Conference  
**2016**  
LONDON UK

Toward 2020: Celebrating nursing  
and midwifery leadership  
12-13 March 2016 London UK

Register online at:  
[www.commonwealthnurses.org/conference2016/](http://www.commonwealthnurses.org/conference2016/)

The 3<sup>rd</sup> Commonwealth Nurses and Midwives Conference will be held in London UK 12-13 March 2016 at the Royal College of Physicians Regent's Park. The theme of the conference is: *Toward 2020: celebrating nursing and midwifery leadership*. The conference will showcase and celebrate the work of nursing and midwifery leaders who have followed in the footsteps of Florence Nightingale, the founder of modern nursing, the first nursing theorists, a great nursing leader and a role model for nurses and midwives everywhere.

Presentations will demonstrate leadership in:

- clinical practice;
- research and innovation;
- policies and projects;
- education and training;
- management and administration.

Plenary speakers include Professor Mary Chiarella (University of Sydney); Dr Judith Shamien (ICN); Ms Frances Day-Stirk (ICM); Dr Deva-Marie Beck (NIGH); Dr Linda Lewis (ANCC); and Dr Lynne McDonald (Director, Collected Works of Florence Nightingale). The preliminary program is available at:

<http://www.commonwealthnurses.org/conference2016>



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## ARC MEETS IN ZIMBABWE

The African Regulatory Collaborative (ARC) is a four year partnership between the CDC in Atlanta; Emory University; ECSA-HC; and the CNMF. The purpose of the partnership is to provide small grants to nursing and midwifery in the east, central and southern Africa region to improve aspects of nursing and midwifery care, particularly in relation to HIV prevention, care and treatment. The initiative, funded by PEPFAR, is in its 4<sup>th</sup> and final year. The second learning session for the eleven countries given grants in Year 4 took place in Harare, Zimbabwe 10-12 November 2015. Countries awarded Year 4 grants are: Botswana, Ethiopia, Kenya, Lesotho, Mozambique, Rwanda, Seychelles, South Africa, Tanzania, Zambia, and Zimbabwe. Further information about the initiative and the projects is available on the ARC website: <http://www.africanregulatorycollaborative.com>.



## COMMONWEALTH PEOPLES' FORUM

23-25 November 2015



The CNMF was pleased to be a part of the 2015 Commonwealth People's Forum (CPF) held in Malta 23-25 November 2015. The CPF asked the question: *What makes societies resilient?* The CNMF gave two presentations to the forum, the first on equity and resilience and the second on building resilient health systems for an ageing population. The communiqué from the CPF, *the Malta Declaration on Governance for Resilience* can be downloaded from: <http://cpf.commonwealthfoundation.com/malta-declaration-on-governance-for-resilience/>.

## INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN 25 November

November 25 is the annual International Day for the Elimination of Violence Against Women. One in three women around the world experience physical or sexual violence at some point in their life, mostly by an intimate partner. Abuse can also be psychological. In 2012, 1 in 2 women killed worldwide were killed by their partner or a family member. For men, the figure was 1 in 20. For more information and ideas for action to support the elimination of violence against women, particularly young girls, go to:

<http://www.unwomen.org/en/digital-library/multimedia/2015/11/infographic-violence-against-women>.

## WORLD TOILET DAY



In 2015, World Toilet Day focused on the link between sanitation and nutrition. Across the world, 2.4 billion people still do not have adequate sanitation and 1 billion people still defecate in the open. Poor sanitation increases the risk of disease and malnutrition, especially for women and children. The aim of World Toilet Day is to raise awareness about the people in the world who don't have access to a toilet, despite the fact that it is a human right to have clean water and sanitation. <http://www.un.org/en/events/toiletday/>.

## UNIVERSAL CHILDREN'S DAY 20 November



## MENTAL HEALTH LEGISLATION REFORM PROJECT

The Commonwealth Foundation funded, CNMF project to work with two Commonwealth countries, Botswana and Seychelles to reform their mental health legislation is progressing well. The analysis of the mental health legislation in both countries led to a recommendation, endorsed by the National Mental Health Advisory Committees in both countries, to draft new legislation.

For further information about the project go to: <http://www.mentalhealthlawreform.org>.

Universal Children's Day is celebrated annually on 20 November, the day in 1959 when the United Nations General Assembly adopted the *Declaration of the Rights of the Child* and the day in 1989 when the Assembly adopted the *Convention on the Rights of the Child*. The *Convention* is the most widely ratified international human rights treaty and sets out a number of children's rights including the right to life, to health, to education, and to play, as well as the right to family life, to be protected from violence and discrimination, and the right to have their views heard. The focus for Universal Children's Day in 2015 was on children deprived of their liberty.