



# COMMONWEALTH NURSES AND MIDWIVES FEDERATION

e-News Vol.11 Issue 2 February 2018

**4<sup>th</sup> Commonwealth Nurses and  
Midwives Conference  
London UK | 10-11 March 2018**

**ONE MONTH TO CONFERENCE  
DON'T MISS OUT  
REGISTER NOW**

The 4th Commonwealth Nurses and Midwives Conference

**LEADING THE WAY:**  
Nurses and midwives for a safe, healthy and peaceful world

Saturday 10 and Sunday 11 March 2018  
Royal College of Physicians, Regent's Park, London, UK

» Register now...

For more information and to register online go to:  
[www.commonwealthnurses.org/conference2018](http://www.commonwealthnurses.org/conference2018)

The 4<sup>th</sup> Commonwealth Nurses and Midwives Conference, to be held in London 10-11 March 2018, is now only a month away and excitement is mounting. It is time to register now to be able to participate. The title of the conference is: *Leading the way – nurses and midwives for a safe, healthy and peaceful world.*

Excellent abstracts have been submitted by nurses and midwives from every region of the Commonwealth addressing the conference theme and demonstrating how nurses and midwives can and are leading the way to a safe, healthy and peaceful world. Over the two days of the conference there will be 75 presentations from nurses and midwives from 21 different countries.

The conference is being held at the historic Royal College of Physicians, Regent's Park London on the eve of Commonwealth Week. Commonwealth Day is celebrated on Monday 13 March 2018.

The conference is a wonderful opportunity for nurses and midwives across the Commonwealth and beyond to share their experience with and learn from each other; to make new friends; and to establish international networks. In addition to the oral presentations, a range of posters will also be available. For more information, to access the conference program, and to register, go to the CNMF website: <http://www.commonwealthnurses.org/conference2018>.

**23<sup>rd</sup> CNMF BIENNIAL MEETING  
London UK | Friday 9 March 2018  
Registration essential**

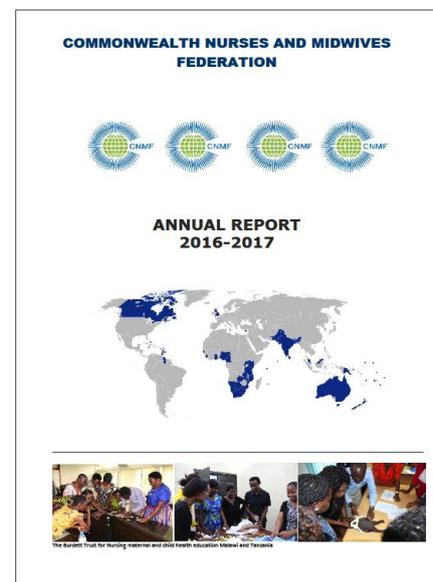
The CNMF 23<sup>rd</sup> Biennial Meeting of members will be held at the Royal College of Nursing, London UK on Friday 9 March 2018. The Biennial Meeting is the decision making body of the CNMF where reports are received from the President, the Executive Secretary, and the Treasurer, decisions are made, and strategic directions are set for the coming two years.

All members are welcome to attend. Registration is essential. If you have not registered, please contact: [jill@commonwealthnurses.org](mailto:jill@commonwealthnurses.org) to register and to receive the agenda and the papers for the meeting.



CNMF Biennial March 2016

**CNMF ANNUAL REPORT 2016-2017**  
now available <http://www.commonwealthnurses.org>

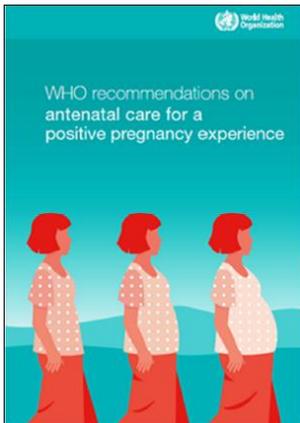




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## WHO REVISES ANTENATAL RECOMMENDATIONS January 2018



First trimester
Contact 1: up to 12 weeks
Second trimester
Contact 2: 20 weeks
Contact 3: 26 weeks
Third trimester
Contact 4: 30 weeks
Contact 5: 34 weeks
Contact 6: 36 weeks
Contact 7: 38 weeks
Contact 8: 40 weeks
Return for delivery at 41 weeks if not given birth.
Note: Intermittent preventive treatment of malaria in pregnancy should be started at $\geq 13$ weeks.

The World Health Organisation (WHO), in partnership with USAID's Maternal and Child Survival Program (MCSP) has released two summary briefs on *WHO Recommendations on Antenatal Care for a Positive Pregnancy Experience* (January 2018). Recent evidence, the WHO found, suggest that the focused antenatal care model of four antenatal visits is associated with more perinatal deaths than ANC models that comprise at least eight contact visits between the pregnant woman and the health care provider.

This is a really important change in approach which needs to be brought to the attention of all midwives and maternity care service providers.

The WHO report that approximately 303,000 women and adolescent girls died from pregnancy and childbirth related complications in 2015 and 2.6 million babies were stillborn. Almost all the maternal deaths (99%) and child deaths (98%) occurred in low and middle income countries and could have been prevented with access to quality antenatal care. The new WHO recommendations can be accessed at:

<https://www.mcsprogram.org/resource/recommendations-antenatal-care-positive-pregnancy-experience-summary/>.

The summary includes the recommended WHO model and a table of health system interventions to improve the utilisation and quality of antenatal care.

## ECSACON CONFERENCE 3-7 September 2018 Nairobi Kenya

THE 6<sup>TH</sup> QUADRIENNIAL GENERAL MEETING AND THE 13<sup>TH</sup> SCIENTIFIC CONFERENCE OF THE EAST, CENTRAL AND SOUTHERN AFRICA COLLEGE OF NURSING (ECSACON)

**Theme:** Nurses and Midwives responding to global agenda on sustainable development goals and universal health coverage.

**CALL FOR PARTICIPATION**

Get Involved. Participate.

**VENUE:** Safari Park Hotel, Nairobi, Kenya  
**Dates:** 3<sup>rd</sup> - 07<sup>th</sup> September 2018

The 6<sup>th</sup> Quadrennial General Meeting and the 13<sup>th</sup> Scientific Conference of the East, Central and Southern Africa College of Nursing (ECSACON) will be held 3-7 September 2018 at the Safari Park Hotel, Nairobi, Kenya.

The theme for the conference is: *Nurses and Midwives responding to global agenda on sustainable development goals and universal health coverage*. For more information go to: <http://ecsahc.org/news/1454/>

## ICN ANNOUNCES THEME FOR INTERNATIONAL NURSES DAY 2018



International Nurses Day is celebrated around the world on May 12, the anniversary of the birth of Florence Nightingale. The International Council of Nurses commemorates this important day each year with the production and distribution of the International Nurses' Day Kit.

Posters and other resources are available for download from the ICN website: <http://www.icn.ch/publications/2018-nurses-a-voice-to-lead-health-is-a-human-right/>.